

Swim Wales Masters SC Championships 2025 - 29/11/2025 to 30/11/2025**Results - Session 1B (Warmup 9.55 - 10.45)****Event 109 Women 72-99 200 SC Meter Freestyle Relay**

1	Pembs Cty	A			1:59.67
	1) April Allen W27		2) Sophie Mountain W38		
	3) Rhiannon Clapham W20		4) Elizabeth Clissold W19		
	30.55	29.80	59.32		

Event 109 Women 100-119 200 SC Meter Freestyle Relay

1	Cardiff Mast	A			1:53.77
	1) Nadine James W27		2) Amelia Edmonds W26		
	3) Hannah Palfrey W32		4) Danielle Stirrat W32		
	28.92	30.39	27.71	26.75	

Event 109 Women 120-159 200 SC Meter Freestyle Relay

1	Cardiff Mast	B			2:09.47
	1) Melissa Jones W30		2) Fran Lynn W34		
	3) Karen Fitzgerald W54		4) Carys Thomas W28		
	32.58	34.14	1:02.75		

Event 109 Women 160-199 200 SC Meter Freestyle Relay

1	Swansea Aq	A			2:14.76
	1) Amy Prince W40		2) Eleanor Roberts W41		
	3) Rhian Popham W41		4) Leanne Penny-Thomas W40		
	30.67	34.16	37.88	32.05	
2	C Dolphins	A			2:16.88
	1) Faith Goodliffe W25		2) Jennifer Truelove W47		
	3) Caroline Jupp W63		4) Emma Pearn W27		
	29.89	40.61	36.35	30.03	

Event 109 Women 200-239 200 SC Meter Freestyle Relay

1	Cardiff Mast	C			3:26.64
	1) Rhiannon Jones W65		2) Lucy Devine W55		
	3) Elaine Harrison W62		4) Susan Flanigan W57		
	1:17.66	43.50	46.23	39.25	